# Hydrogen peroxide versus water synthesis of bioglass– nanocrystalline hydroxyapatite composites

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Abstract This article reports a comparison of the structural and textural properties of bioglass-hydroxyapatite (HA) composites obtained in the SiO<sub>2</sub>-CaO-P<sub>2</sub>O<sub>5</sub> system by sol-gel method, with different amounts of hydrogen peroxide (3% H<sub>2</sub>O<sub>2</sub>) or water (H<sub>2</sub>O). X-ray diffraction, Raman, and FT-IR spectroscopy reveal the presence of nanocrystalline HA. Scanning electron microscopy images illustrate that the HA phase is mainly distributed on the glass surface. The results point out that the sintering at 550 °C of a sol-gel derived SiO<sub>2</sub>-CaO-P<sub>2</sub>O<sub>5</sub> bioglass leads to a single crystalline phase of HA, and validate a new processing method for obtaining bioglass-HA composites. Structural analyses of the investigated composites indicate the existence of a silicate network built up from  $Q_3$  and  $Q_2$ units. The replacement of water with hydrogen peroxide has as consequence the increase of depolymerization degree of silica network. Textural properties were investigated with N<sub>2</sub>-adsorption technique. The composites prepared with hydrogen peroxide exhibit a more uniform and narrow mesoporous distribution that recommends them for drug uptake and release applications. It was found that the specific surface area and pore volume are clearly influenced by the H<sub>2</sub>O<sub>2</sub>(H<sub>2</sub>O):TEOS molar ratio.

#### Introduction

After 1969, when bioactive glasses were discovered [1], the strategy for bone tissue repair was to replace the bioinert

G. Melinte · L. Baia (⊠) · V. Simon · S. Simon Institute for Interdisciplinary Research in Bio-Nano-Sciences, Faculty of Physics, Babes-Bolyai University, M. Kogalniceanu 1, 400084 Cluj-Napoca, Romania e-mail: lucian.baia@phys.ubbcluj.ro materials of first-generation biomaterials with silica-based bioactive glasses of the second-generation biomaterials, which provided for the first time an alternative for interfacial bonding of an implant with host tissue [2]. The third-generation of biomaterials insures tissue regeneration using the gene activation properties of bioglass [3].

The bonding mechanisms of bioactive glasses to living tissue involve a sequence of 11 reactions steps. Steps 1-5 are chemical, steps 6-11 are related to the biological response [2]. Hench described the sequence of the first five stages that resulted in the formation of a hydroxy-carbonate apatite (HCA) layer on the surface of the bioactive glasses [4]. The first reaction is the ion exchange between the alkali in the glass and water. This is followed by a breakdown of the silica network, forming silanol bonds that repolymerize to form a hydrated, high surface-area, silicarich layer. The silica-rich surface attracts organic molecules (proteins and collagen) and facilitates the formation of the HCA layer on the surface of the glass [5]. The HCA layer provides an ideal environment for the next six cellular reaction steps that include cells colonization followed by proliferation and differentiations of the cells to form a new bone that has a strong mechanical bond to the implant surface [6]. On the other hand, the behavior of bioactive glasses in the formation of new hard (bone) or soft (muscle) tissue is controlled by several factors, such as pore size distribution and porosity, interconnection of pores, specific surface area, bulk morphology and, obviously, glass composition [7].

Sol-gel derived bioglasses present several important advantages over those processed by standard melting and casting method. Sol-gel method enables the preparation of glasses at low synthesis temperature and expands the bioactive composition range up to 90 mol% SiO<sub>2</sub>. It also allows to simplify the glass composition and particularly to avoid the addition of sodium oxide, used to reduce the melting temperature of the melt derived glasses. In addition, due to their higher purity, surface area and homogeneity, and to the presence of residual hydroxyl ions, sol-gel derived bioglasses exhibit higher bone bonding rates together with excellent degradation/bioresorption properties [6, 8, 9]. Furthermore, bioglasses prepared via sol-gel method always have an interconnected mesoporous structure, with pores about 5–10 nm in diameter [10]. The presence of hydroxyapatite (HA) offers beside several specific textural properties an important advantage concerning the bioactive character of the sol-gel derived bioglass-HA composites [11]. The superior bioactivity together with excellent mechanical properties and favorable microstructure made them suitable for obtaining scaffolds used in tissue engineering and regeneration [12, 13].

The purpose of this study was to determine the effect of  $H_2O_2(H_2O)$ :TEOS molar ratio on the textural and structural characteristics of the sol–gel-derived bioglass–HA composites obtained in the SiO<sub>2</sub>–CaO–P<sub>2</sub>O<sub>5</sub> system. Scanning electron microscopy (SEM), X-ray diffraction (XRD), vibrational spectroscopic techniques (Raman and FT-IR), and N<sub>2</sub>-adsorption measurements have been used for this purpose.

# Experimental

#### Sample preparation

The composition of the studied bioglasses is  $60SiO_2$ -36CaO-4P<sub>2</sub>O<sub>5</sub> (mol %). They were prepared by sol-gel method as follows: tetraethyl orthosilicate (TEOS: C<sub>8</sub>H<sub>20</sub>Si) was mixed with absolute ethanol (C<sub>2</sub>H<sub>5</sub>-OH/Et-OH). The molar ratio Et-OH:TEOS was kept at 4:1. Different amounts of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>, <u>3</u>%) or double distillate water were used to prepare calcium nitrate (Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O) and dibasic ammonium phosphate ((NH<sub>4</sub>)<sub>2</sub>HPO<sub>4</sub>) solutions. The H<sub>2</sub>O<sub>2</sub>(H<sub>2</sub>O):TEOS molar ratios together with the sample notation are presented in Table 1. Each solution was consecutively added to TEOS solution under continuous stirring. HCl (2 N) was added to catalyze the hydrolysis/ condensation reactions. The final solutions were kept at room temperature until gelation occurs (4 days). The gels were aged for 10 days at room temperature and then they were sintered at 550  $^{\circ}$ C for 1/2 h.

## Sample characterization

The XRD patterns were obtained with a Shimatzu XRD-6000 diffractometer, using CuK $\alpha$  radiation ( $\lambda = 1.5418$  Å), with Ni-filter. The measurements were performed at a scan speed of 4° min<sup>-1</sup> on a 2 $\theta$  scan range of 10°–80° using for calibration quartz powder. Operating power of the X-ray source was 40 kV at 30 mA intensity.

The Raman spectra were recorded with a Witec confocal Raman system CRM 200 equipped with a X20/0.4 microscope objective and a 300 lines/mm grating. The 632.8 nm laser line with a power of 3 mW incident on the sample and a spectral resolution of about 7 cm<sup>-1</sup> were employed.

The FT-IR spectra were obtained on a Bruker Equinox 55 spectrometer. The samples were powdered and mixed with KBr to obtain thin pellets with a thickness of about 0.3 mm. The spectral resolution was of  $2 \text{ cm}^{-1}$ .

The specific surface area, pore volume, and pore radius of the samples were obtained from  $N_2$ -adsorption measurements, using a Sorptomatic 1990 apparatus. The BET method was used for calculation of surface area, and the BJH method was used for determination of porosity parameters.

SEM images were recorded with a JEOL JSM 5510LV equipment.

# Results

The X-ray diffractograms (Fig. 1) show the characteristics of a vitreous phase along with nanocrystalline HA. Five diffractions peaks are revealed at 25.7°, 31.78°, 32.19°,

 $\label{eq:table1} \begin{tabular}{l} Table 1 Textural and structural properties of the $60SiO_2$-36CaO_4P_2O_5 glass$-ceramic bioglass$-HA composites prepared with hydrogen peroxide and water \end{tabular}$ 

Sample molar ratio	H <sub>2</sub> O <sub>2</sub> :TEOS molar ratio	H <sub>2</sub> O:TEOS molar ratio	BET surface area $(m^2 g^{-1})$	Pore volume $(cm^3 g^{-1})$	BJH modal pore diameter (nm)	BJH median pore diameter (nm)	$A_2^{\mathrm{Q}}/A_3^{\mathrm{Q}}$
A	15	-	65.3	0.186	8.60	8.61	0.27
В	10	_	103.1	0.267	7.45	7.68	0.2
С	5	_	75.7	0.211	7.97	8.19	0.52
A1	_	15	80.9	0.201	5.47	7.25	0.26
B1	_	10	88.9	0.255	6.90	8.51	0.44
C1	-	5	73.6	0.213	7.64	8.20	0.18

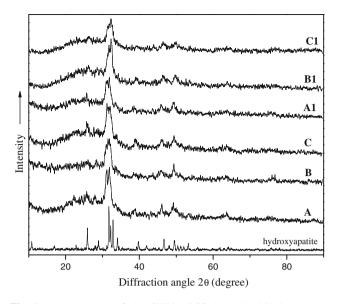


Fig. 1 XRD patterns of the  $60SiO_2$ -36CaO-4P<sub>2</sub>O<sub>5</sub> bioglasses-HA composites prepared with hydrogen peroxide (*A*, *B*, and *C*), water (*A*1, *B*1, and *C*1) together with the standard diffractogram pattern for HA

 $38.8^{\circ}$ ,  $46^{\circ}$ , and  $49.3^{\circ}$  corresponding to the (002), (211), (112), (310), (222), and (213) reflection of HA phase [14, 15]. In order to clearly distinguish the HA phase, a standard pattern was inserted in Fig. 1 [16].

Composites morphology was evaluated by SEM. The recorded images of the samples B and B1 are illustrated in

Fig. 2 and confirm the presence of HA crystals on the bioglass surface. The HA layer has about 3  $\mu$ m thickness for both hydrogen peroxide and water-based samples and seems to be uniformly distributed on the relatively smooth surface of the glass matrix (Fig. 2a, b).

Nitrogen adsorption–desorption isotherms of the samples prepared with different amounts of water or hydrogen peroxide are shown in Fig. 3. An isotherm is the relationship, at constant temperature (77 K), between the amount of the adsorbed gas (usually expressed in cm<sup>3</sup> g<sup>-1</sup>) and the relative pressure  $p/p_0$ , where  $p_0$  is the saturation pressure of pure nitrogen [17]. According to IUPAC classification, all obtained isotherms are of type IV, implying that each of these bioglass samples contain meso and micropores which are non-perfect cylindrical in shape. All the samples exhibit H1type hysteresis loops, characterized by narrow steps and almost parallel adsorption and desorption branches. Such types of loops are given by adsorbents with a narrow distribution of uniform pores (e.g., open-ended tubular pores) [18].

Figure 4 illustrates the mesopores distribution as a function of the amount of hydrogen peroxide and water. The detailed data on specific surface area, pore volume, and pore size of each sample are summarized in Table 1. The H<sub>2</sub>O-based samples exhibit a narrow mesopores size distribution with a modal pore diameter between 5 and 10 nm. The samples prepared with  $H_2O_2$  give rise to a more uniform and narrow mesopores size distributions, with a modal pore diameter between 6.5 and 9 nm.

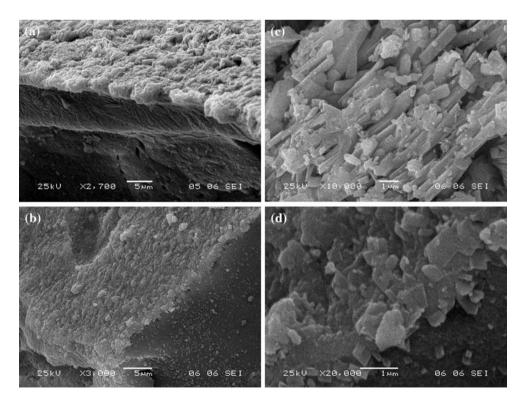


Fig. 2 SEM micrographs of the  $60SiO_2-36CaO-4P_2O_5$  bioglass-HA composites prepared with hydrogen peroxide (a and c) and water (b and d)

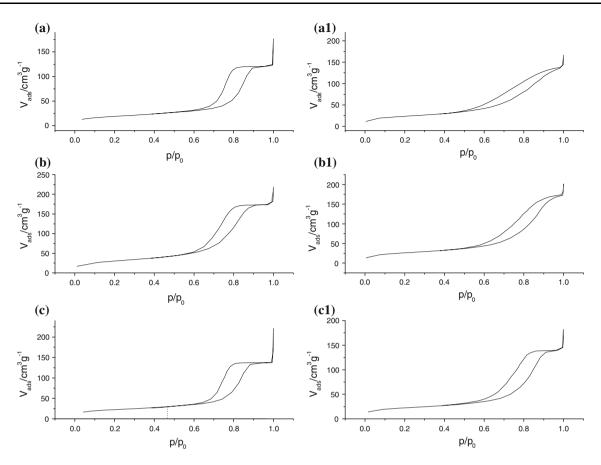
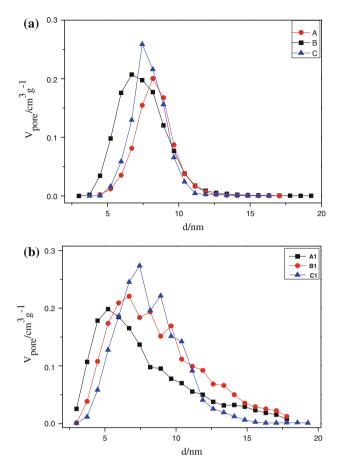


Fig. 3 Nitrogen adsorption-desorption isotherms of the  $60SiO_2$ -36CaO-4P<sub>2</sub>O<sub>5</sub> bioglass-HA composites prepared with hydrogen peroxide (a, b, and c) and water (a1, b1, and c1)

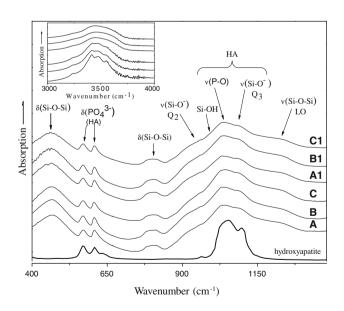
The FT-IR spectra (Fig. 5) are dominated by a strong band between 850 and 1250  $\text{cm}^{-1}$ . It is a combination of stretching vibrational modes of SiO<sub>4</sub> and PO<sub>4</sub> tetrahedra. The shoulder at 1225  $\text{cm}^{-1}$  is assigned to the longitudinal optical Si-O-Si stretching mode [19]. The band situated at 1080 cm<sup>-1</sup> is attributed to the stretching vibration of Si-O<sup>-</sup> bonds in the Q<sub>3</sub> tetrahedral units, while the shoulder at 950 cm<sup>-1</sup> is due to the vibration of two non-bridging oxygen atoms in the Si–O–Si environment ( $Q_2$  units) [20, 21]. The silanol vibrations signal (960  $\text{cm}^{-1}$ ) is superposed over the  $Q_2$  units signal [22]. The band at about 1040 cm<sup>-1</sup> is identified as P–O stretching vibrational mode of  $PO_4^{3-}$ tetrahedra from HA [9]. A strong band was also observed at  $466 \text{ cm}^{-1}$  and is considered to arise from the rocking motion of the bridging oxygen atoms perpendicularly to the Si–O–Si plane [19]. The band located around 800  $\text{cm}^{-1}$  is assigned to the bending motion of oxygen atoms along the bisector of the Si-O-Si bridging group [19]. A doublet corresponding to P-O asymmetric bending vibrations in the  $PO_4$  tetrahedra was observed at 569 and 605 cm<sup>-1</sup> [23, 24].

The broad band between 3000 and 3700  $\text{cm}^{-1}$  is assigned to stretching vibrations of O–H bonds [18, 25].

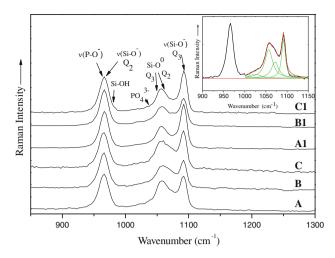
Raman spectroscopy is very sensitive to changes in the Si-O-Si environment of silica-based glasses and is a powerful technique used for the identification of tetrahedral units  $(Q_n)$ . The Raman spectra of the  $60SiO_2$ -36CaO-4P<sub>2</sub>O<sub>5</sub> bioglass-HA composites prepared with hydrogen peroxide and water reveal differences only in the spectral range between 850 and 1300  $\text{cm}^{-1}$  (see Fig. 6). The stretching vibrations of silicon-single non-bridging oxygen atom in  $SiO_4$  tetrahedra (Q<sub>3</sub> units) give rise to a strong band at 1092 cm<sup>-1</sup> [26, 27]. The band between 1040 and  $1080 \text{ cm}^{-1}$  is attributed to the vibrations of Si–O<sup>0</sup> from bridging oxygen atoms in structural units that contain nonbridging oxygens (both Q<sub>2</sub> and Q<sub>3</sub> units) [28]. A week signal assigned to the internal modes of  $PO_4^{3-}$  units appears around 1025  $\text{cm}^{-1}$  [29]. The Raman spectra also exhibit a strong band at 966  $\text{cm}^{-1}$  that is due to the superposition of Si-O<sup>-</sup> stretching vibrations in silicate tetrahedral units with two non-bridging oxygen atoms



**Fig. 4** Textural pore size distribution of the  $60SiO_2-36CaO-4P_2O_5$  bioglass–HA composites prepared with hydrogen peroxide (**a**) and water (**b**), obtained from BJH analysis of nitrogen desorption branch



**Fig. 5** FT-IR spectra of the  $60SiO_2-36CaO-4P_2O_5$  bioglass-HA composites prepared with hydrogen peroxide (*A*, *B*, and *C*), water (*A1*, *B1*, and *C1*) together with the standard FT-IR spectrum of HA. The *inset* shows the spectral domain between 3000 and 3700 cm<sup>-1</sup>



**Fig. 6** Raman spectra of the  $60SiO_2-36CaO-4P_2O_5$  bioglass-HA composites prepared with hydrogen peroxide (*A*, *B*, and *C*) and water (*A1*, *B1*, and *C1*). The *inset* shows the deconvoluted spectral range between 1000 and 1150 cm<sup>-1</sup>

(Q<sub>2</sub> units) with the P–O<sup>-</sup> stretching vibrations of PO<sub>4</sub> tetrahedra. It should be emphasized that silanol vibrations (980 cm<sup>-1</sup>) also contribute to the appearance of this band [19, 21, 26].

## Discussion

The crystalline HA phase developed in  $60SiO_2-36CaO-4P_2O_5$  sol-gel derived samples after the heat treatment at 550 °C (Fig. 1) consists of crystallites with the size of 8.8 nm, as determined using Scherrer equation applied to the peak located at 25.7°. The crystallites size (~54 nm) of standard HA gives rise, as expected, to more narrow diffraction peaks relative to those of HA from the investigated composites.

It is important to emphasize the relative low temperature (550 °C), where the conversion of calcium-phospho-silicate glass with low phosphorus content into a glass-ceramic sample takes place. Very recently Ravarian et al. [30] reported on sol-gel synthesis and properties of 64SiO<sub>2</sub>-31CaO-5P<sub>2</sub>O<sub>5</sub> (mol %) bioglasses prepared with TEOS, triethyl phosphate, and calcium nitrate in water solutions. After heating at 700 °C for 24 h, the bioglass is approximately amorphous, with germs of pseudowollastonite and alpha-tricalcium phosphate, and only after heating at 1000 °C for 3 h the bioglass was converted into a glassceramic with pseudowollastonite and alpha-tricalcium phosphate crystalline phases. This bioglass was further used to prepare composite samples by mixing with HA and heating at different temperatures up to 1000 °C that is much higher than the temperature of 550 °C, at which we obtained the bioglass-HA composites.

The presence of nanocrystalline HA by XRD is confirmed by the SEM micrographs (Fig. 2) that show the HA layer formed on the bioglass surface. The shape of HA crystals seems to be affected by the presence of hydrogen peroxide that leads to needle-like crystals with lengths about 3–5  $\mu$ m (Fig. 2c), while for the water-based samples the HA crystals show a rough shape (Fig. 2d).

Depending on the synthesis conditions of 60SiO<sub>2</sub>-36CaO-4P2O5 sol-gel derived samples, using water or hydrogen peroxide, the textural properties are changed. The major difference between adsorption isotherms of bioglass samples takes place at the  $p/p_0$  value where the capillary condensation appears. This difference is in a direct relation with the average pores size: the smaller the pores, the lower pressure is required for the capillary condensation [31]. The shift of the onset of capillary condensation towards lower or higher relative pressure as shown in Fig. 3 is in agreement with the median pores radius displayed in Table 1. On the other hand, the width of the hysteresis is an indicative of the pores interconnectivity: the wider the hysteresis, the more interconnected are the pores [32]. By comparing the hysteresis widths obtained for water-based samples B1 and C1 with those obtained from the bioglasses prepared with hydrogen peroxide, samples B and C, one observes a slight increase of pores interconnectivity for the latter pairs of samples. A more considerably difference can be seen between the hystereses recorded for samples A and A1, where a substantial improvement of pores interconnectivity is observed for hydrogen per oxide-based sample. An interconnected mesopores network provides better nutrient delivery, bone ingrowths, and eventually vascularization; therefore, it allows a better in vivo bioactivity [33].

For both type of samples, the specific surface area and the pore volume reach the highest value for the medium water or hydrogen peroxide content (Table 1). According to the literature, the high specific area is beneficial for tissue engineering applications because it can accelerate surface crystallization of HA, promote the degradation rate, and aid attachment and migration of cells inside the scaffold [34, 35]. In vitro studies showed the improvement of dissolution rate in silica gel-glass as pore volume increased [2].

Uniform and narrow pore size distribution is obtained for the samples prepared with hydrogen peroxide (Fig. 4a). Usually, this type of pore size distribution centered on 7 nm indicates a well-ordered structure [36]. It was found that silica glasses with a highly ordered mesoporous structure have superior bioactivity properties and also a remarkable capability of controlled drug delivery [35, 37].

The FT-IR spectra (Fig. 5) indicate the presence of crystalline HA (bands at 569, 605, and 1040 cm<sup>-1</sup> attributed to  $PO_4$  unit vibrations). The FT-IR spectrum of pure HA exhibits a very intense and broad band, occurring from

three absorption peaks, between 900 and 1200 cm<sup>-1</sup> with the highest intensity reached around 1040  $\text{cm}^{-1}$  [38]. The presence of these spectral features can be easily followed by simply comparing the IR spectrum of the standard HA. which is inserted in Fig. 5, with those of the investigated composites. Due to the overlapping of the tetrahedral SiO<sub>4</sub> unit vibrations with the main bands of the crystalline HA, it is very difficult to identify the spectral changes associated with the structural modification of SiO<sub>4</sub> tetrahedra. No major differences between the spectra of the H<sub>2</sub>O<sub>2</sub> and H<sub>2</sub>O samples occur in the spectral range between 400 and  $4000 \text{ cm}^{-1}$ , excepting a slight increase in intensity of the bands, from the spectra recorded on samples prepared with hydrogen peroxide, located between 3000 and 3700  $\rm cm^{-1}$ that were attributed to vibrations of silanol groups and adsorbed molecular water (see the inset from Fig. 5) [18, 25]. Moreover, the intensity of this band is enhanced with the increasing of hydrogen peroxide amount. It was reported that the silanol groups found in the mesopore walls have the ability to adsorb molecules of pharmacological interest [39]. That means that the bioglasses prepared with hydrogen peroxide could be successfully used for enhancing drug delivery capabilities.

Raman spectroscopy was further employed for identifying the structural differences between water and hydrogen peroxide-based bioglasses (see Fig. 6). For analyzing the depolymerization degree of the silica network, it is necessary to know the value of the ratio between the areas of the bands assigned to Q<sub>2</sub> and Q<sub>3</sub> unit vibrations  $(A^{Q^2}/A^{Q^3})$ . Since the bands given by Q<sub>2</sub> unit vibrations are overlapped with those of HA, which appear in the spectral domain between 940 and 980  $\text{cm}^{-1}$ , the assessment of the above mentioned areas ratio becomes extremely difficult for this spectral range. As can be observed in the Raman spectra, the band between 1030 and 1080  $\text{cm}^{-1}$  shows a pronounced asymmetry to the right (a shoulder broadens the band) for hydrogen peroxide-based samples. This band is made up from convoluted signals given by Si-O<sup>0</sup> vibrations in both Q<sub>2</sub> and Q<sub>3</sub> tetrahedral units. The contribution of Q2 units can be observed at higher wavenumbers, while that of  $Q_3$  units give rise to a signal at lower wavenumber values (Fig. 6). The asymmetry of this band originates from the variation in relative intensities of Q<sub>2</sub> and  $Q_3$  bands. Consequently, the deconvolution of the spectral domain between 1000 and 1150 cm<sup>-1</sup> becomes necessary due to the additional contribution of both phosphate and  $Q_3$  units from ca. 1020 and 1080 cm<sup>-1</sup>, respectively. For all the samples, the band attributed to the  $Q_2$  units is located at about 1075 cm<sup>-1</sup>, while the  $Q_3$  units band appears at  $1057 \text{ cm}^{-1}$ . The ratio between the areas of these bands  $(A^{Q^2}/A^{Q^3})$  is shown in the Table 1. As can be observed the highest values of areas ratio  $A^{Q2}/A^{Q3}$  are obtained for the hydrogen peroxide-based samples. The

most significant difference appears between the samples pairs B and B1 and C and C1. For B1 sample, the  $A^{Q2}/A^{Q3}$ area ratio is about two times higher than for B sample prepared with hydrogen peroxide, while for C sample it is about three times higher than for C1 sample. This behavior can be easily associated with a decrease in number of Q<sub>3</sub> groups and/or an increase of Q<sub>2</sub> groups number and reveals the increasing of the depolymerization degree of the silica network for hydrogen peroxide samples, mainly for samples B and C. In spite of the network fragmentation, when the hydrogen peroxide is used, the number of Q<sub>3</sub> units remains high and no other  $Q_0$  and  $Q_1$  units are formed. Taking into consideration that an improved bioactivity is closely related to an increase of the number of  $Q_2$  and  $Q_3$ units [19, 26, 40, 41] and having in view the obvious morphological improvements observed for the samples prepared with H<sub>2</sub>O<sub>2</sub> in comparison with water-based bioglasses one can expect a better bioactivity for hydrogen per oxide-based samples.

### Conclusions

Bioglass–HA composites have been prepared by sol–gel method with different amounts of hydrogen peroxide or water. The heat treatment applied to the samples at 550 °C for 30 min induced the development of a nanocrystalline HA structure that has been found to be mainly dispersed on the bioglass surface.

Raman spectroscopy showed that the silicate network of the bioglasses is built up from  $Q_3$  and  $Q_2$  units. The hydrogen peroxide-based samples exhibit an increase of the depolymerization degree of the silica network in comparison with water-based bioglasses, mostly for the samples with middle and lower concentration, that structure becomes less connected. The HA signature was evidenced for all investigated samples. The hydrogen per oxide-based bioglasses exhibit a more uniform and narrow mesoporous distribution and a better pores interconnectivity. Moreover, the maximum value of specific surface area and pore volume was obtained for the sample with a molar ratio H<sub>2</sub>O<sub>2</sub>:TEOS of 10:1. The shape of HA crystals determined by SEM images was found to be needle-like crystals with lengths of about 3-5 µm for hydrogen peroxide-based samples, while for the water-based samples the crystals show a rough shape. The developed HA layer was determined to be of about 3 µm thickness for both hydrogen peroxide and water-based samples.

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